



Drug and Alcohol Treatment Services
Continuity Plan

DATE: March 6, 2020, updated March 23, 2020

ATTN: All Little Creek Lodge, Little Creek Outpatient, and Shane's House Staff Members, Clients, Residents, and Stakeholders

SUBJECT: Coronavirus/COVID-19

The health and safety of our clients, their families and our employees is extremely important to us, which is why we have infectious disease protocols in place. We are committed to providing the highest level of care no matter what circumstances life throws our way; we will continue to provide our comprehensive, life-saving treatment services and programs responsibly and with sensitivity to current events. The following is an explanation of symptoms, preventative measures, and actions we are all required to take, in an effort to do our part in preventing the spread of Coronavirus. The following protocol is consistent with Governor Wolf's directive issued 3/6/2020.

Symptoms

Symptoms of the COVID-19 can include fever, cough and shortness of breath. The symptoms may appear in as few as two days or as long as 14 days after exposure. Reported illnesses have ranged from people with little to no symptoms to people being severely ill and dying. Individuals most at risk for severe symptoms include elderly and those with pre-existing conditions.

Prevention

- Increased, regular sanitation of all facilities
- Prior to admission, asking all potential clients pre-screening questions about travel, flu-like symptoms, and their contact with individuals who are confirmed or suspected of having COVID-19
- Taking the temperature of all clients and staff daily to assess for fever
- Increased measures to remind staff and patients about ways to prevent the spread of germs:
 - All persons entering any Little Creek Recovery structure are required to wash their hand immediately before interacting with anyone or anything. Ample disinfecting soap is available in all private and common bathrooms.
 - Use of hand sanitizer immediately prior to meals.
 - We are providing all locations with hand sanitizer to be used by staff and clients.
 - All fleet vehicles are equipped with disinfecting wipes and sanitizing spray.
 - We advise all individuals to not touch their face after interacting with someone or something, until they have washed and disinfected their hands.
- Requiring staff to remain home if they are experiencing any of the afore-mentioned symptoms.
- We are not be allowing visitors or subcontractors into the facility.
- We are implementing Telehealth for all outpatient individual and group sessions.



- **Discouraging hugging and holding hands during fellowship times**
- We are not allowing family visits on Sundays.

Response

Anyone who does not feel well should:

- Wash your hands often with soap and water for at least 20 seconds. Use an alcohol- based hand sanitizer if soap and water are not available.
- Cover any coughs or sneezes with their elbow, not their hands.
- Contain:
 - If a staff member is sick, they should stay home until they are feeling better.
 - If a residential client is sick, they will be quarantined in a room separate from all other residents. They will remain separated from the community until:
 - Testing shows they are not positive for COVID-19, or
 - If an outpatient client is sick, they will be excusing from all sessions for 14 days.
- Should a client or staff member test positive for COVID-19, the Medical Director will be contacted immediately.
- We have increased our on-hand food supply in the event of an ordered community lockdown being put in place.

Adjustments to Programing

Due to the nature of our residential program and requirements for Shane's House residents, we will continue to evaluate our program schedule and requirements. Specifically, effective 3/13/2020, we will not participate in Adventure Trek outings at indoor public places. i.e. bowling alley, movies, laser tag, indoor go-kart track, etc. We will continue to offer private outdoor activities with discretion and this will be re-evaluated on a daily basis.

Should you have any questions, please contact Katie McKendry, Clinical Director, at kmckendry@lclr.org , (570) 689-2644 or (570) 335-7531.